

## Importance of Medical Tests with Homeopathic Treatment.

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Medical Test or Medical Investigation is a kind of Medical procedure performed to detect, diagnose diseases, disease process, susceptibility and determine the line of treatment.

Medical Investigation Is the process of investigating and determining the nature and circumstances of a diseased condition by - Physical examination, various Laboratory and Radiological test to determine Prognoses means a forecasting of the probable course and outcome of a disease, especially of the chances of recovery.

These factors are very vital in treating the patient, homoeopathically in the modern era of advancement to establish the effectiveness of Homeopathy and to make Homeopathy "Evidence based". It's also helps the patient to understand the details about their sufferings and its progress or spread.

Dr. Hahnemann has mentioned it in Organon of Medicine,

*The physician's high and only mission is to restore the sick to health, to cure, as it is termed.*  
*and*

*The highest ideal of cure is rapid, gentle and permanent restoration of health.*

He also mentioned about "Obstacles to Cure" in aphorism 3&4 and the real "Obstacles" can be found with the help of Medical Test. He himself was a Medical Doctor and he clearly wrote to "investigate about exciting cause, fundamental cause, obstacles to cure" etc. which only can be found with Medical investigations.

Importance of Medical investigations provides absolute safety to patients and Homeopaths and is always accepted by Conventional Practitioners or GPs, Consultants or Allopathic Practitioners.

LET US SEE FEW CASES.

### **CASE:1 Case of Chronic Abdominal Pain**

- Male Patient, 37 yrs., having a Chronic Abdominal Pain, Epigastrium & Umbilical Region Since past three years. Used to drink 10+ cups of Tea per day, Unable to eat –Feeling Bloated
- Solid food disagrees, Liquid food Helped. High level of stress at work.
- Took various treatment from Chinese, Homeopathy, Herbal, GP etc. No relief. He was advised-Investigations by me. Endoscopy was performed.
- Patient was found with .....???????

### **CASE-2. Case of Panic Attacks**

- An Ambulance driver was getting Dizzy spells, Palpitations and Syncopeal Feelings and was diagnosed with Panic Attacks.
- Series of Consultation with Psychiatrist and Counselling sessions. Occupation Therapy was done. Beta Blockers Failed. Prochlorperazine-D2 Receptor Failed. Acupuncture Failed.
- **Homeopathy wasn't tried.** So, came to me for Consultation, by recommendation.
- I have Advised him, for Radiological Investigations:
- X-RAY and MRI, of Cervical Spine were done, which has shown.....
- Severe Osteophytes with Degenerative disc lesions.
- Treated successfully with Homeopathy -Thiosinaminum 3x and Calc.Flour 3X was given. Patient got better within 3 months.

## Importance of Medical Tests in Homeopathic Practice.

What **Homeopathy** is NOT....

- It is **not** a Miracle Cure \*It is **not** Witch Science
- It is **not** a Spiritual or Psychic or Mind Reader Science.
- \*It is **not** a Faith Healing Science
- It is **not** a Placebo \*It doesn't always work with a Single dose or as a Single remedy.
- It is **neither** a slow or fast acting therapy. \* It has **never** been a Constitutional or Miasmatic medicine. \*It is **not** suitable for Critical or Emergencies.

**Then...what Homeopathy is?** Homeopathy is "Evidence Based Science".

- Every science has its own limitations and Homeopathy is not an exception.
- If we practice within our limitations, then Homeopathy is wonderful healing science.
- It is in our hands to prove this noble science as.... **"Evidence Based Science"**.
- Now, Question is....
- **From where can we gather this Evidence?**
- While treating the patients, we gather the evidence from the results of .....
- Abnormal Pathology to Normal Physiology.
- Medical or Clinical Investigations. - Before and After Treatment.

- Our Master Dr. Hahnemann has said in First Aphorism....

**Aphorism I- Organon of medicine**

*The physician's high and only mission is to restore the sick to health, to cure, as it is termed.*

**Aphorism II- Organon of medicine**

*The highest ideal of cure is rapid, gentle and permanent restoration of health, or removal and annihilation of the disease in its whole extent, in the shortest, most reliable and most harmless way, on easily comprehensible principles.*

- Dr. Hahnemann says: He \*(*physician*) must investigate.....
- “What is to be cured in disease and know what is to be curative in various medicines.....  
  
.... finally, he knows the obstacles to recovery in each case and is aware how to remove them, so that the restoration may be permanent, then he understands how to treat judiciously and rationally, and he is a true practitioner of the healing art.”
- Symptoms can be Subjective as well as Objective.
- The “Art of case taking” which gives “Subjective symptoms.”
- These are felt by the patient And by Patient`s Own Observation
- The Clinician observes the “Objective symptoms” by Examination
- Physical examination OR Clinical Examination
- Interpretation and Understanding of the Investigations.

We should NOT forget about the “**Obstacle to cure**”

In addition to all fundamentals of case taking,

it is essential to value the importance of abnormal pathology,

which perhaps might be the 'Real Obstacle' to treating a condition

So, Clinical Investigations are very important to restore the sick to health.

### **Are Clinical Investigations being necessary?**

As a Homeopath, when we are taking the history of our patients,

We come across many records/ reports, like

\*Blood tests, \*Urine tests, \*Stool test \*X-ray \*Scan \*Doppler

\*Endoscopy- e.g. Gastro, sigmoido, laparo, hystero, arthro-all scopies

\* MRI, CAT Scan \*PET (Positron Emission Tomography) –Nuclear Medicine.

*Medical Tests are Integral features of Modern Medicine and we all are FAMILIAR with it.*

- Medical Tests are very Important for variety of purpose.... Like
- Pre-requisite for an Employment
- For Diagnosis-Prognosis-Management for Consultant
- For personal health
- For Marriage Purpose- to rule out STD, HIV etc.
- For Anaesthesia and Before Major Surgery
- For Dental Treatment
- Some Specific Medical Tests for Women: Pregnancy Test, Pap test, Mammography
- Some Specific Medical Tests for Men: Semen, Anti-sperm, Prostate
- Medico-Legal purpose
- Knowing Your Blood Group

## TYPES OF BLOOD TESTS:

- Routine –Full Blood Count \* Biochemistry-Haematology-Microbiology
- Endocrinology-Fertility-Andrology \* Sexual Health \* Virology \* Genetics
- Serological \* Immunology- Tropical Immunology \* Tumour Markers

## RADIOLOGICAL TESTS:

\*Plain X-ray, \*Barium X-Rays \* OPG Dental X-ray \*Scan \* Echo \*Doppler

\*MRI \* CAT \*PETA

- **ENDOSCOPY: Why is an Endoscopy Performed?**
- An endoscopy is usually done when visualization of internal organs is necessary to make a diagnosis, and endoscopy allows the diagnosis to be made with less risk than surgery. Endoscopy may also be used to gain access to internal organs for treatment.
- **Types of Common Endoscopy**
- Arthroscopy—**Joint** \*Bronchoscopy-**Bronchioles-Lungs**
- Colonoscopy- **Intestine, Colon** \*Colposcopy-**Vagina** \*Cystoscopy-**Bladder**
- ERCP-Endoscopic Retrograde Cholangiopancreatography-  
**Liver –Gall Bladder and Pancreas**
- EGD-**Esophageal Gastro Duodenoscopy- Oesophagus, Duodenum, Stomach**
- Laparoscopy- **Abdomen** \*Laryngoscopy- **Larynx** \*Mediastinoscopy-**Thorax**
- Proctoscopy- **Rectum** \* Sigmoidoscopy-**Sigmoid Colon** \*Thoracoscopy-**Thorax**

Followed by Discussion of Few Cases showing Importance of Medical Investigations.

